

Essential Laminations in Surgered 3-Manifolds

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Suppose M is a 3-manifold with torus T as a boundary component, and let P be an incompressible surface on ∂M disjoint from T . It was proved in [9] that in most cases, P remains incompressible in most of the Dehn filled manifolds $M(\gamma)$. (See Proposition 2 below). The present note is to solve a problem posed informally by Peter Shalen, which asks whether a similar result holds for essential laminations in 3-manifolds. The answer is positive: Essential laminations disjoint from T will usually remain essential after Dehn fillings. Note that the essentiality of a lamination concerns not only compressibility, but also reducibility and existence of end compressing disks in the resulting manifolds.

Throughout this paper, all 3-manifolds are assumed orientable. Let M be a 3-manifold, and T a torus component of the boundary of M . For a slope γ on T , let $M(\gamma)$ be the manifold obtained by attaching a solid torus V to T such that γ corresponds to the meridian slope of V . If γ_1, γ_2 are two slopes on T , denote their geometric intersection number by $\Delta = \Delta(\gamma_1, \gamma_2)$. We refer the readers to [4] for the definition of essential laminations and related notions like branched surfaces, horizontal boundary, vertical boundary, monogons, etc.

Now suppose M is compact, and let λ be an essential lamination in M . We assume that λ is disjoint from ∂M . A set A is called a *quasi-annulus* if A is the image of a continuous map $f : S^1 \times I \rightarrow M$, such that $f|_{S^1 \times [0,1]}$ is an embedding, $f(S^1 \times 0) = A \cap T$, and $f(S^1 \times 1) = A \cap \lambda$. A is incompressible if $f(S^1 \times [0, 1))$ is incompressible.

Theorem 1 *Suppose M contains no incompressible quasi-annulus from T to λ . If λ is not essential in $M(\gamma_1)$ and $M(\gamma_2)$, then $\Delta(\gamma_1, \gamma_2) \leq 1$. Thus λ is essential in $M(\gamma)$ for all but at most three slopes γ .*

Remark. Generally, the quasi-annulus in the theorem cannot be replaced by an embedded annulus. For example, let λ be a Klein bottle, let M_1 be a twisted I-bundle over λ . Let M_2 be a (p, q) cable space, $q \geq 1$. (See e.g. [6, p.124] for definition.) Gluing M_2 to M_1

along their boundary so that the (p, q) curve on ∂M_2 is attached to the boundary of the I-bundle over an orientation-reversing simple closed curve in λ , we obtain a manifold M with a single torus boundary T . There is an incompressible quasi-annulus from T to λ , and λ is inessential in $M(\gamma)$ for infinitely many γ , but there is no incompressible embedded annulus connecting T to λ . However, if the leaves of λ are all orientable, (or if we replace λ by a lamination without isolated leaves, as in [4]), then the quasi-annulus can be chosen to be an embedded annulus.

When M contains a quasi-annulus from T to λ , a similar result like [1, Thm 2.4.3] holds:

Theorem 2 *Suppose M is connected and has an incompressible quasi-annulus from T to λ with slope γ_0 in T . Then*

- (a) λ is not essential in $M(\gamma_0)$.
- (b) If λ is not essential in $M(\gamma_1)$ for some γ_1 with $\Delta(\gamma_1, \gamma_0) > 1$, then either λ has a torus leaf l parallel to T , or λ is a Klein bottle and M is a twisted I-bundle over λ .
- (c) λ is essential in $M(\gamma)$ for some γ such that $\Delta(\gamma, \gamma_0) = 1$ if and only if it is essential in $M(\gamma)$ for all such γ .

The proof of the theorems needs several recent results. The following is a slightly generalized form of a result of Scharlemann (cf. [8, Thm 6.1]).

Proposition 1 *Let K be a knot in an orientable 3-manifold X with $X - K$ irreducible. Let P be a surface on ∂X such that P is compressible in X and is incompressible in $X - K$. If some nontrivial surgery on K produces a reducible manifold, then K is a cable knot, and the surgery slope is that of the cabling annulus.*

Proof. We first assume that X is compact. If ∂X is incompressible in $X - K$, the result is part of [8, Thm 6.1]. In general, choose $B = \cup B_i$ to be the union of some disjoint compressing disks of ∂X in $X - K$, so that after cutting X along B , the new manifold $X_1 = X - \text{Int}(N(B))$ has boundary incompressible in $X_1 - K$. By the hypothesis, ∂X has a compressing disk D such that ∂D does not bound a disk in $X - K$. Among all such compressing disks, we choose one, say D_1 , which is transverse to B and minimizes $|D_1 \cap B|$.

By a standard cutting and pasting argument, one can show that $|D_1 \cap B| = 0$. Therefore, D_1 gives rise to a compressing disc of ∂X_1 in X_1 . The result is now followed by applying [8, Thm 6.1] to (X_1, K) .

For the noncompact case, choose a compressing disc D of P in X , Let $N(K)$ be a regular neighborhood of K . The reducing sphere in the surgered manifold gives rise to a planar surface Q in $X - N(K)$. Let X'' be a regular neighborhood of $D \cup N(K) \cup Q$, and let X' be the union of X'' with compact components of $X - \text{Int } X''$. It is easy to see that $X' - K$ is irreducible, and P' , a regular neighborhood of ∂D in X' , is compressible in X' and incompressible in $X' - K$. The conclusion now follows from that in compact case. \square

Let m be the slope on $\partial N(K)$ represented by a meridian of $N(K)$, and let γ be the slope of the cabling annulus. Since $\Delta(m, \gamma) = 1$, we have

Corollary 1 *Suppose M is an irreducible 3-manifold with torus T as a boundary component, and suppose P is an incompressible surface on $\partial M - T$. If P is compressible in $M(\gamma_1)$, and $M(\gamma_2)$ is reducible, then $\Delta(\gamma_1, \gamma_2) \leq 1$.*

Proposition 2 ([9]). *Let M be a 3-manifold with torus T as a boundary component, let P be an incompressible surface in $\partial M - T$. Suppose there is no incompressible annulus with one boundary component in P and the other in T . If P is compressible in both $M(\gamma_1)$ and $M(\gamma_2)$, then $\Delta(\gamma_1, \gamma_2) \leq 1$.*

The following result and its proof are also known to Gordon and Luecke. Recently they completely proved the *reducibility conjecture*: The conclusion in Proposition 3 is true even if $\partial M = T$.

Proposition 3 *Let M be an irreducible 3-manifold, and let T be a torus component of ∂M . Suppose $\partial M \neq T$. If both $M(\gamma_1)$ and $M(\gamma_2)$ are reducible, then $\Delta(\gamma_1, \gamma_2) \leq 1$.*

Sketch of Proof. Take an atoroidal decomposition of M and let N be the part containing T . Then either $N(\gamma_i)$ is a solid torus or it is reducible. The possibility of both $N(\gamma_i)$ being solid tori can be ruled out by [2, Thm 1.1], [5, Lemma 3.3], and [6] (or [10]). If $\partial N(\gamma_1)$ is compressible and $N(\gamma_2)$ is reducible, the result follows from Scharlemann's Theorem

(Corollary 1 above). So suppose both $N(\gamma_i)$ are reducible and ∂ -irreducible. By filling the non-toral components of ∂N with some suitable manifolds (see the proof of [8, Thm 6.1]), we may assume that N is irreducible and atoroidal with boundary consists of tori. Furthermore, since $\partial M \neq T$, these manifolds can be chosen so that ∂N consists of at least two tori. By [3, Cor 2.4], N must be a rational homology cobordism between T and some torus T' . Thus any reducing sphere of $N(\gamma_i)$ is separating. Attaching a knot complement to T' , we get a manifold X satisfying (1) $\dim H_1(X; \mathbb{Q}) = 1$, and (2) for each i , $X(\gamma_i)$ is non prime, and one of its factors contains an incompressible torus (i.e. the T' above). According to [1, Thm 2.2.1, Thm 2.3.1], there is a closed surface S in X which is compressible in $X(\gamma_1)$ and incompressible in $X(\gamma)$ whenever $\Delta(\gamma_1, \gamma) \geq 2$. Cutting along S and applying Corollary 1, we conclude that $X(\gamma_2)$ is irreducible unless $\Delta(\gamma_1, \gamma_2) \leq 1$.

Proof of Theorem 1. By [4, Prop.4.5], the lamination λ is fully carried by some essential branched surface B . Let X be the component of $M - \text{Int } N(B)$ containing T , and let S be the horizontal surface $(\partial_h B) \cap X$ on ∂X . We first consider the case when there is an incompressible annulus A in X with one boundary component ∂_1 in T and the other ∂_2 in S . Consider the 1-foliation v on $N(B)$. (v is an I-bundle over B if B is a surface). Since λ is fully carried, each leaf of v will intersect λ . Suppose x is a point in ∂_2 . Let I_x be the leaf in $N(B)$ with x as an endpoint. Because λ is a closed set, there is a point $\alpha(x)$ on I_x which is the closest to x among all of the point in $\lambda \cap I_x$. This defines a map $\alpha : \partial_2 \rightarrow \lambda$. Since λ is transverse to v and λ is a closed set, it is easy to see that α is a continuous map. Let J_x be the arc in I_x between x and $\alpha(x)$. Then $A' = \cup \{J_x \mid x \in \partial_2\}$ is a quasi-annulus from ∂_2 to $\alpha(\partial_2) \subset \lambda$. A' is embedded unless some points x, y of ∂_2 are the endpoints of a single leaf $I_x = I_y$. In this case, when traveling along $\alpha(\partial_2)$ from $\alpha(x)$ to $\alpha(y)$, the leaf of λ containing $\alpha(\partial_2)$ will change its orientation and hence is nonorientable. Thus, $A \cup A'$ is a quasi-annulus from the curve ∂_1 in T to the curve $\alpha(\partial_2)$ in λ . It is incompressible because A is incompressible, and it is an embedded annulus when the leaves of λ are orientable.

Now we assume there is no incompressible annulus between S and T . We want to show that, for most slopes γ on T , the branched surface B which fully carries λ and is essential in M will remain essential in $M(\gamma)$. Since λ is assumed in $\text{Int } M$, and since B is essential in M , most of the conditions for B to be essential in $M(\gamma)$ are satisfied. The

only things we need to check are: (1) $X(\gamma)$ is irreducible; (2) S is incompressible in $X(\gamma)$; and (3) $X(\gamma)$ has no monogons. Now we can use the above theorems. Suppose λ is not essential in $X(\gamma_1)$ and $X(\gamma_2)$, and suppose $\Delta > 1$. Then by Proposition 2, S can not be compressible in both $X(\gamma_1)$ and $X(\gamma_2)$; and by Propositions 1 and 3, if one of the $X(\gamma_i)$ is reducible, then the other one is irreducible and contains no compressing discs of S .

The remaining case is that one of the $X(\gamma_i)$, say $X(\gamma_1)$, is irreducible and has S incompressible in it. Then it has a monogon, which by definition is a compressing disc D of ∂X in $X(\gamma_1)$ intersecting the vertical boundary $\partial_v N(B)$ in a unique essential arc. Let A be the component of $\partial_v N(B)$ intersecting ∂D . (A is an annulus). Let B be the regular neighborhood of ∂D in ∂X . Then $A \cup B$ is a once punctured torus. Its boundary is a simple closed curve α lying in S , and α bounds a disk D_1 on the boundary of a regular neighborhood N of $A \cup D$ in M . (N is a solid torus). Since S is incompressible in $X(\gamma_1)$, α bounds a disc D_2 in S . Since $X(\gamma_1)$ is irreducible, $D_1 \cup D_2$ bounds a 3-cell. Therefore $X(\gamma_1)$ is a solid torus, and S is a longitude annulus.

Let K be the central curve of the attached solid torus in $X(\gamma_1)$. Since X is irreducible, K is not contained in a 3-cell. Applying Corollary 1 with $P = \partial X$, we see that $X(\gamma_2)$ is irreducible. Thus either S is compressible in $X(\gamma_2)$, or $X(\gamma_2)$ has a monogon. In both case $X(\gamma_2)$ has compressible boundary, and hence is a solid torus. By Proposition 2, K is isotopic to a curve on ∂X , and therefore is some (p, q) cable of the center curve of $X(\gamma_1)$. Since K is not isotopic to a curve on S , we have $q > 1$. Let $r = \Delta(\gamma_1, \gamma_2) \geq 2$, and let $s = \Delta(l, m)$, where l , the center curve of S , is a longitude of $X(\gamma_1)$, and m is the boundary of a meridian disc of $X(\gamma_2)$. According to [5, lemma 7.2], $s = rpq \pm 1$. Thus $|s| > 1$. This is a contradiction because then no meridian disc of $X(\gamma_2)$ could be a monogon or a compressing disc of S . \square

Proof of Theorem 2. One might try to proceed as in the proof of Theorem 1 by considering the surgered manifold $X(\gamma_i)$. But there would be some difficulty in proving (c) because the inessentiality of the branched surface does not imply the inessentiality of the lamination it carries. Thus we prefer to use the definition of essential laminations. Remember that λ is essential iff no leaf is a sphere, M_λ is irreducible, and ∂M_λ is both incompressible and end incompressible in M_λ , where M_λ is M “cutting” along λ . (See [4,

p45] for details).

The essential quasi-annulus A from T to λ induces in M_λ a quasi-annulus from T to ∂M_λ which can be modified to an embedded essential annulus, which we will still denote by A . This gives rise to a compressing disk of ∂M_λ in $M_\lambda(\gamma_0)$, and (a) follows. The proof of (c) is the same as that of [1, Thm 2.4.3]: $M_\lambda(\gamma_1)$ is homeomorphic to $M_\lambda(\gamma_2)$ if $\Delta(\gamma_1, \gamma_0) = \Delta(\gamma_2, \gamma_0) = 1$. So they have the same properties.

To prove (b), we notice that the compressing disk in $M_\lambda(\gamma_0)$ obtained by gluing a meridian disk to A will intersect the central curve K of the attached solid torus just once. Thus K is not a cable knot. By Proposition 1, $M_\lambda(\gamma_1)$ is irreducible. If $\partial M_\lambda(\gamma_1)$ is end incompressible, then it must be compressible. By [1, Thm 2.4.3(b)], the component of M_λ containing T is homeomorphic to $T \times I$, and ∂M_λ is one of the torus components. Since the natural map from M_λ to M is an immersion, its restriction to ∂M_λ is a covering map to a leaf l of λ . If l is a torus, then T is parallel to l . Otherwise l is a Klein bottle and T bounds an I-bundle over l .

It remains to show that there is no end-compressing disk in $M_\lambda(\gamma)$. (Note that ∂D is an arc, not a circle). Suppose D were an end-compressing disc of ∂M_λ in $M_\lambda(\gamma)$ which minimizes $|D \cap T|$. Let Q be the planar surface $D \cap M_\lambda$ which is isotoped to minimize $|Q \cap A|$. Then $A \cap Q$ consists of lines connecting inner boundary components of Q to its outer boundary ∂D , and each inner boundary component is incident to Δ such lines. Thus there are at least two pairs of parallel lines. Since D is an end-compressing disc, at least one pair of parallel lines $\{l_1, l_2\}$ bounds a compact band in Q . That is, there is a disc B in Q such that $\partial B = l_1 \cup l_2 \cup b \cup c$, where b is an arc in T and c is an arc in ∂D . Now a regular neighborhood of $(c \cup \text{outer boundary of } A)$ is a punctured torus whose boundary α bounds a disc in M_λ . Since ∂M_λ is incompressible, α bounds a disc on ∂M_λ . So this boundary component is a closed torus, and hence cannot have any end-compressing disc, a contradiction. \square

I was recently informed that Hatcher and Oertel [7] have also obtained some result on these problems. They have a simple proof in case there is no essential incompressible surfaces in the component of the complement of the branched surface which contains the torus T .

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